

# MARCH



## Crockett County High School Menu

March is National Nutrition Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Chicken Nuggets Turkey Sandwich w/ Chips Mashed Potatoes Green Beans	<b>2</b> <u>Breakfast</u> Ham Biscuit & Eggs <u>Lunch</u> Sack Lunch	<b>3</b> <u>Breakfast</u> Cinni Minis <u>Lunch</u> Chicken Tenders Hotdog Scalloped Potatoes or Fries Whole Kernel Corn/ Slaw Cup	<b>4</b> <u>Breakfast</u> Biscuit and Gravy <u>Lunch</u> Beef Tacos Smoked Turkey Sandwich Black Bean Salsa w/ Chips Fresh Veggie Cup w/ Dip	<b>5</b> <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Buffalo Chicken Pizza Chicken Salad Sandwich Romaine Salad w/ Tomato Corn Nuggets
<b>8</b> <u>Breakfast</u> Cereal Or Cheese Toast <u>Lunch</u> Steak and Gravy w/ Roll Corndog Mashed Potatoes Green Peas	<b>9</b> <u>Breakfast</u> Honeybun <u>Lunch</u> Chicken and French Toast Hamburger Hashbrowns Carrots w / Dip	<b>10</b> <u>Breakfast</u> Eggs, Bacon and Toast <u>Lunch</u> BBQ Nachos Hot Ham and Cheese Sandwich Baked Beans Coleslaw <u>Breakfast</u> Sausage/Pancake on a Stick <u>Lunch</u> Bosco Stick w/ Marinara BBQ Wings w/ Roll Carrots/Celery w/ Dip Mac and Cheese <i>St. Patrick's Day</i>	<b>11</b> <u>Breakfast</u> Mini Pancakes <u>Lunch</u> Meatballs w/ Cheese Pasta Spicy Chicken Sandwich Romaine Salad w/ Tomato Roasted Carrots	<b>12</b> <u>Breakfast</u> Poptarts <u>Lunch</u> Stuffed Crust Pizza Deli Turkey Sub w/ Chips Tater Tots/ Broccoli Salad <i>3/14: Daylight Savings</i>
<b>15</b> <u>Breakfast</u> Biscuit and Gravy <u>Lunch</u> Chicken Nuggets w/ Roll Beef and Cheese Burrito Mashed Potatoes Green Beans	<b>16</b> <u>Breakfast</u> French Toast w/ Sausage <u>Lunch</u> Crispy Chicken Sandwich French Fries Corn on the Cob Pinto Beans <u>Breakfast</u> Eggs, Gravy and Biscuit <u>Lunch</u> Chicken Tenders w/ Roll Hotdog w/ Chips Mashed Potatoes Carrots	<b>17</b> Sausage/Pancake on a Stick <u>Lunch</u> Bosco Stick w/ Marinara BBQ Wings w/ Roll Carrots/Celery w/ Dip Mac and Cheese <i>St. Patrick's Day</i>	<b>18</b> <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Vegetable Beef Soup Ham and Cheese Deli Box PBJ/Pimento Cheese Sandwich Corn Nuggets/ Manager Choice Veg.	<b>19</b> <u>Breakfast</u> Donuts <u>Lunch</u> Personal Pan Pizza Corndog Mixed Green Salad Sweet Potato Fries
<b>22</b> <u>Breakfast</u> Steak & Biscuit <u>Lunch</u> Chicken Fajitas Steak and Cheese Sandwich Carrots/ Tossed Salad Corn on the Cob	<b>23</b> <u>Breakfast</u> Eggs, Gravy and Biscuit <u>Lunch</u> Chicken Tenders w/ Roll Hotdog w/ Chips Mashed Potatoes Carrots	<b>24</b> <u>Breakfast</u> Egg, Sausage and Cheese Wrap <u>Lunch</u> Cheeseburger Chicken Salad Wrap French Fries Baked Beans	<b>25</b> <u>Breakfast</u> Cereal w/ Toast <u>Lunch</u> Spaghetti w/ Breadstick Grilled Chicken Sandwich Green Beans/Slaw Cup Baked Apples	<b>26</b> <u>Breakfast</u> Honeybun <u>Lunch</u> Beef and Cheese Nachos Pepperoni French Toast Pizza Sweet Corn Romaine Salad w/ Tomato/Carrots
<b>29</b> <b>Spring Break</b> <b>No School</b>	<b>30</b> <b>Spring Break</b> <b>No School</b>	<b>31</b> <b>Spring Break</b> <b>No School</b>		



\*Menu is subject to change based on availability of USDA commodities..

\*\* ALL meals are provided to Crockett County High School student at NO COST!

SOURCE: University of Illinois Extension

\*\*\*Fruit and milk choices are offered daily at breakfast & lunch

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