



SEPTEMBER | 2020



Crockett County Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 NO SCHOOL Labor Day Holiday 	1 <u>Breakfast</u> Mini Powdered Donuts Milk/ Orange Slices <u>Lunch</u> Cheeseburger Ham & Cheese Wrap French Fries Lettuce/ Tomato/ Pickle	2 <u>Breakfast</u> Chicken & Biscuit Milk/ Banana <u>Lunch</u> Mini Corn Dogs Turkey & Cheese Sandwich Baked Beans Cheesy Scalloped Potatoes	3 <u>Breakfast</u> Mini Pancakes Milk/ Juice <u>Lunch</u> Chicken Nuggets Turkey & Cheese Wrap Mashed Potatoes Black Eyed Peas/ Roll	4 <u>Breakfast</u> Sausage & Biscuit Milk/ Apple Slices <u>Lunch</u> Pepperoni Pizza Ham & Cheese Sandwich French Fries Corn on the Cob
7 NO SCHOOL Labor Day Holiday 	8 <u>Breakfast</u> Sausage/Pancake on a Stick <u>Lunch</u> Sausage & Biscuit Chicken & Waffles Mixed Vegetables Star Potatoes	9	10 <u>Breakfast</u> Mini Powdered Donuts <u>Lunch</u> Pepperoni Bosco Stick Chicken Salad Croissant Romaine Salad w/ Tomato Tater Tots	11 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Spaghetti w/ Garlic Knot Roll Turkey & Cheese Sandwich Savory Green Beans Creamy Coleslaw
14 <u>Breakfast</u> Mini Pancakes <u>Lunch</u> Corn dog Pizza Munchable/ WG Chips Tossed Salad w/ Tomato Savory Green Beans	15 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Orange Chicken w/ Vegetable Fried Rice Buffalo Chicken Boneless Wings/ Roll Oriental Vegetables Broccoli & Cheese Tater Tots	16	17 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Beef & Cheese Nachos Cheese Quesadilla Corn Nuggets Salsa Pinto Beans	18 <u>Breakfast</u> Sausage/Pancake on a Stick <u>Lunch</u> Popcorn Chicken Ham & Cheese Wrap Emoji Fries WG Cookie
21 <u>Breakfast</u> Cinni Minis <u>Lunch</u> Boneless Buffalo Wings/ Roll Hot Dog Spinach Salad w/ Tomato Green Beans	22 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Chicken Nuggets w/ Roll Club Sub Sandwich Mashed Potatoes Steamed Carrots	23 <u>Breakfast</u> Mini Pancake Wraps <u>Lunch</u> BBQ Sandwich Fish Sticks w/ Hushpuppy Curly Fries White Beans	24 <u>Breakfast</u> Ham & Cheese Croissant <u>Lunch</u> Frito Chili Pie w/ Cinnamon Roll Taco Stick Golden Corn Cucumbers w/ Dip	25 <u>Breakfast</u> Mini Chocolate Donuts <u>Lunch</u> Garlic Flatbread Pizza w/ Marinara Sauce Hot Dog Broccoli w/ Dip Sidewinder Fries
28 <u>Breakfast</u> Chocolate Muffin <u>Lunch</u> Crispy Chicken Sandwich w/ Boom Boom Sauce Pizza Rolls Sweet Potato Fries	29 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Beef Tacos Burrito Chips/Lettuce/ Tomato/ Salsa Mexican Rice Refried Beans	30 <u>Breakfast</u> Sausage/Pancake on a Stick <u>Lunch</u> Pepperoni Pizza Chicken Salad Croissant Corn on the Cob Broccoli w/ Dip	1	2

News

**Breakfast is served at no charge to all Crockett County Middle School Students.

Lunch Prices:
 Student Meal: \$2.85
 Employees: \$3.75
 Visitors: \$4.00

**Fruit Choices are offered daily at breakfast and lunch.

***Milk Choices offered daily with breakfast and lunch include: Fat Free Strawberry, Fat Free Chocolate or 1% White Milk.

For more information, contact:
 Whitney Thornton, RD
 Director of School Nutrition
 102 N. Cavalier Dr.
 Alamo, TN 38001
 731-696-2116

whitney.thornton@crockettschools.net

This institution is an equal opportunity provider.