

FEBRUARY 2020

Crockett County High School Menu

Broccoli and Cheese

Corn on the Cob

Broccoli and Cheese

Orockett County riigh School Mena				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Honeybun Chicken & Biscuit Lunch Chicken Tenders w/ Roll Club Sub Sandwich Mashed Potatoes Steamed Carrots	4 Breakfast Chicken & Biscuit Cereal/ Toast Lunch Vegetable Beef Soup w/ Crackers Pizza Tossed Salad w/ Tomato Fried Okra	5 Breakfast Cheese Toast w/ Sausage Bacon & Biscuit Lunch Frito Chili Pie w/ Cinnamon Roll Taco Stick Deli Turkey Box Com on the Cob Cucumbers w/ Dip Sweet Potato Fries	6 Breakfast Biscuit Sticks w/ Eggs Mini Chocolate Donuts Lunch BBQ Sandwich/ Nachos Fish Sticks w/ Hushpuppy Curly Fries Baked Beans/ Coleslaw	7 Breakfast French Toast Sticks Fruit & Yogurt Parfait Lunch Garlic Flatbread Pizza w/ Marinara Sauce Hot Dog Broccoli w/ Dip Sidewinder Fries
Ham & Cheese Croissant Cereal/ Toast Lunch Beef & Cheese Nachos Burrito Deli Peppered Turkey Sub Chips/Lettuce/Tomato Mexican Rice Refried Beans	11 Breakfast Eggs, Bacon and Toast Lunch Pepperoni Pizza Chicken Salad Croissant Com on the Cob Broccoli Salad	12 Breakfast Breakfast Burrito Sausage & Biscuit Lunch Chicken Wings/ Roll Chicken Strips w/ Roll French Fries Broccoli	13 Breakfast Cinni Minis Bacon and Biscuit Lunch Cheesy Chicken and Rice Hot Ham & Cheese Sandwich Savory Green Beans Romaine Salad w/ Tomato	14 Breakfast Cinnamon Sticks Lunch Cheeseburger Chicken Sandwich w/ Boom Boom Sauce Sandwich Fixings Sweet Potato Fries Onion Rings
NO SCHOOL PRESIDENT'S DAY HOLIDAY	18 Breakfast Mini Powdered Donuts Sausage, Egg & Cheese Sandwich Lunch Sausage & Biscuit Chicken & Waffles California Vegetables Star Potatoes/Veggie Cup w/ Dip	19 Breakfast Chicken & Biscuit Fruit & Yogurt Parfait Lunch Mini Corn Dogs Mexican Pizza Baked Beans Com on the Cob Waffle Fries	20 <u>Breakfast</u> Eggs, Toast, Bacon French Toast <u>Lunch</u> Lasagna Roll w/ Garlic Knot Roll Steak & Cheese Sandwich Savory Green Beans Creamy Coleslaw Baked Apples	21 Breakfast Sausage & Biscuit Sausage Pancake on a Stick Lunch 3 Meat and Cheese Pizza Chicken Salad Croissant Romaine Salad w/ Tomato Tater Tots
24 Breakfast Cinni Mini Chicken & Biscuit Lunch BBQ Spicy Wings w/ Roll Meatballs w/ Pasta Garlic Potatoes	25 <u>Breakfast</u> Biscuit & Gravy Toast with Eggs <u>Lunch</u> Orange Chicken Teriyaki Chicken Oriental Vegetables	26 <u>Breakfast</u> Mini Pancake Wraps Sausage & Biscuit <u>Lunch</u> Buffalo Chicken Pizza Cheeseburger Carrots w/ Dip	27 <u>Breakfast</u> Chicken & Biscuit Donut Holes <u>Lunch</u> Turkey & Gravy w/ Roll Spicy Chicken Sandwich Sweet Potatoes	28 <u>Breakfast</u> Chicken & Biscuit WG Donut <u>Lunch</u> Chicken Tenders w/ Roll Calzone Emoji Fries

Waffle Fries

News

**Breakfast is served at no charge to all Crockett County High School Students.

> Lunch Prices: Student Meal: \$2.85 Employees: \$3.75 Visitors: \$4.00

**Fruit Choices are offered daily at breakfast and lunch.

***Milk Choices offered daily with breakfast and lunch include: 1% Strawberry, 1% Chocolate or 1% White Milk.

For more information, contact: Whitney Thornton, RD Director of School Nutrition 102 N. Cavalier Dr. Alamo, TN 38001 731-696-2116 whitney.thornton@crockettschools.n

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This institution is an equal opportunity provider.

Spinach Salad w/ Tomato

Asian Slaw

Vegetable Fried Rice

Lo Mein Noodles