




# JANUARY | 2019

## Maury City Elementary Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
7 <u>Breakfast</u> Mini French Toast Cereal Assortment <u>Lunch</u> Chicken Nuggets w/ Roll Pizza Munchable Mashed Potatoes English Peas	8 <u>Breakfast</u> Yogurt+ Cinnamon Toast Crisps Sausage & Biscuit <u>Lunch</u> Sausage, Eggs, Biscuit & Gravy Chicken & Waffles Star Potatoes Manager's Choice Vegetable	9 <u>Breakfast</u> Sausage/Pancake on a Stick Cereal Assortment <u>Lunch</u> Vegetable Beef Soup w/ Cheese Toast Yogurt/Muffin/String Cheese Corn on the Cob Romaine Salad + Tomato	10 <u>Breakfast</u> Donut Holes Chicken & Biscuit <u>Lunch</u> Cheeseburger Hot Dog Baked Beans Coleslaw Tater Tots	11 <u>Breakfast</u> Funnel Cake Waffle Cereal Assortment <u>Lunch</u> Pepperoni Pizza Corn dog Carrots w/ Dip Waffle Fries
14 <u>Breakfast</u> Muffin Cereal Assortment <u>Lunch</u> Chicken Tenders w/ Roll Club Sandwich Broccoli & Cheese Baked Potato	15 <u>Breakfast</u> Mini Pancakes Sausage & Biscuit <u>Lunch</u> Mini Corn Dogs Mexican Pizza Baked Beans Sweet Potato Fries	16 <u>Breakfast</u> Ham & Cheese Croissant Cereal Assortment <u>Lunch</u> Frito Chili Pie Mozzarella Cheese sticks w/ Marinara Corn on the cob Tossed Salad + Tomato	17 <u>Breakfast</u> Yogurt+ Cinnamon Toast Crisps Chicken & Biscuit <u>Lunch</u> Turkey & Gravy w/ Roll Baked Ham w/ Roll Green Beans Cheesy Potatoes	18 <u>Breakfast</u> Sausage/Pancake on a Stick Cereal Assortment <u>Lunch</u> Stuffed Crust Pizza Hamburger Curly Fries Veggie Cup w/ Dip
21 No School M.L. King Jr. Holiday 	22 <u>Breakfast</u> Mini Waffles Sausage & Biscuit <u>Lunch</u> Popcorn Chicken w/ Roll 1oz Cereal/String Cheese Glazed Carrots Potato Wedges	23 <u>Breakfast</u> Breakfast Pizza Cereal Assortment <u>Lunch</u> Taco Soup w/ Tortilla Chips Cheese Quesadilla Tossed Salad + Tomato Smiley Fries	24 <u>Breakfast</u> Mini Powdered Donuts Chicken & Biscuit <u>Lunch</u> Beef & Cheese Nachos Crispito Whole Kernel Corn Pinto Beans	25 <u>Breakfast</u> Belgian Waffle Cereal Assortment <u>Lunch</u> Bosco Sticks (2) Corn dog Broccoli w/ Dip French Fries
28 <u>Breakfast</u> Cinni Minis Cereal Assortment <u>Lunch</u> Chicken Sandwich w/ Boom Boom Sauce Yogurt/Muffin/ String Cheese Veggie Cup w/ Dip Sweet Potato Fries	29 <u>Breakfast</u> Chocolate Crescent Sausage & Biscuit <u>Lunch</u> Cheeseburger Hot Dog Baked Beans Coleslaw Tater Tots	30 <u>Breakfast</u> Mini Pancake Wraps Cereal Assortment <u>Lunch</u> Chili w/ Cheese Toast or Crackers Hot Ham & Cheese Sandwich Corn on the Cob Tossed Salad + Tomato	31 <u>Breakfast</u> WG Honeybun Chicken & Biscuit <u>Lunch</u> BBQ Chicken w/ Roll Bologna & Cheese Sandwich Green Beans Mashed Potatoes	1

### News

Grab & Go Options will be offered weekly as follows and will include a fruit or vegetable, baked chips/goldfish & variety of milks:

**Monday-Turkey & Cheese Sub Sandwich**

**Tuesday- Ham & Cheese Wrap**

**Wednesday- PB & J Sandwich**

**Thursday- Bologna & Cheese Sandwich**

**Friday- Deli Sandwich**

\*\*Fruit Choices are offered daily at breakfast and lunch.

\*\*\*Milk Choices offered daily with breakfast and lunch include: Fat Free Strawberry, Fat Free Chocolate or 1% White Milk.

For more information contact:  
Whitney Thornton, RD  
Director of School Nutrition  
102 N. Cavalier Dr.  
Alamo, TN 38001  
731-696-2116

[whitney.thornton@crockettschools.net](mailto:whitney.thornton@crockettschools.net)

This institution is an equal opportunity provider.