




# JANUARY | 2019

## Friendship Elementary Menu

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
| 31  | 1   | 2  | 3  | 4   |
| 7<br><u>Breakfast</u><br>Mini French Toast<br>Cereal Assortment<br><u>Lunch</u><br>Chicken Nuggets w/ Roll<br>Pizza Munchable<br>Mashed Potatoes<br>English Peas                                | 8<br><u>Breakfast</u><br>Yogurt+ Cinnamon Toast Crisps<br>Sausage & Biscuit<br><u>Lunch</u><br>Sausage, Eggs, Biscuit & Gravy<br>Chicken & Waffles<br>Star Potatoes<br>Veggie Cup | 9<br><u>Breakfast</u><br>Sausage/Pancake on a Stick<br>Cereal Assortment<br><u>Lunch</u><br>Vegetable Beef Soup w/ Cheese<br>Toast<br>Yogurt/Muffin/String Cheese<br>Corn on the Cob<br>Romaine Salad + Tomato | 10<br><u>Breakfast</u><br>Donut Holes<br>Chicken & Biscuit<br><u>Lunch</u><br>Cheeseburger<br>Hot Dog<br>Baked Beans<br>Coleslaw<br>Tater Tots                               | 11<br><u>Breakfast</u><br>Funnel Cake Waffle<br>Cereal Assortment<br><u>Lunch</u><br>Pepperoni Pizza<br>Corn dog<br>Carrots w/ Dip<br>Waffle Fries                |
| 14<br><u>Breakfast</u><br>Muffin<br>Cereal Assortment<br><u>Lunch</u><br>Chicken Tenders w/ Roll<br>Club Sandwich<br>Broccoli & Cheese<br>Baked Potato  | 15<br><u>Breakfast</u><br>Mini Pancakes<br>Sausage & Biscuit<br><u>Lunch</u><br>Mini Corn Dogs<br>Mexican Pizza<br>Baked Beans<br>Sweet Potato Fries                              | 16<br><u>Breakfast</u><br>Ham & Cheese Croissant<br>Cereal Assortment<br><u>Lunch</u><br>Frito Chili Pie<br>Mozzarella Cheese sticks w/<br>Marinara<br>Corn on the cob<br>Tossed Salad + Tomato                | 17<br><u>Breakfast</u><br>Yogurt+ Cinnamon Toast Crisps<br>Chicken & Biscuit<br><u>Lunch</u><br>Chicken Rotel w/ Roll<br>Baked Ham w/ Roll<br>Green Beans<br>Cheesy Potatoes | 18<br><u>Breakfast</u><br>Sausage/Pancake on a Stick<br>Cereal Assortment<br><u>Lunch</u><br>Stuffed Crust Pizza<br>Hamburger<br>Curly Fries<br>Veggie Cup w/ Dip |
| 21<br>No School<br>M.L. King Jr. Holiday<br>   | 22<br><u>Breakfast</u><br>Mini Waffles<br>Sausage & Biscuit<br><u>Lunch</u><br>Popcorn Chicken w/ Roll<br>1oz Cereal/String Cheese<br>Glazed Carrots<br>Potato Wedges             | 23<br><u>Breakfast</u><br>Breakfast Pizza<br>Cereal Assortment<br><u>Lunch</u><br>Taco Soup w/ Tortilla Chips<br>Cheese Quesadilla<br>Tossed Salad + Tomato<br>Smiley Fries                                    | 24<br><u>Breakfast</u><br>Mini Powdered Donuts<br>Chicken & Biscuit<br><u>Lunch</u><br>Beef & Cheese Nachos<br>Crispito<br>Whole Kernel Corn<br>Pinto Beans                  | 25<br><u>Breakfast</u><br>Belgian Waffle<br>Cereal Assortment<br><u>Lunch</u><br>Bosco Sticks (2)<br>Corn dog<br>Broccoli w/ Dip<br>French Fries                  |
| 28<br><u>Breakfast</u><br>Cinni Minis<br>Cereal Assortment<br><u>Lunch</u><br>Chicken Sandwich w/ Boom Boom<br>Sauce<br>Yogurt/Muffin/ String Cheese<br>Veggie Cup w/ Dip<br>Sweet Potato Fries | 29<br><u>Breakfast</u><br>Chocolate Crescent<br>Sausage & Biscuit<br><u>Lunch</u><br>Cheeseburger<br>Hot Dog<br>Baked Beans<br>Coleslaw<br>Tater Tots                             | 30<br><u>Breakfast</u><br>Mini Pancake Wraps<br>Cereal Assortment<br><u>Lunch</u><br>Chili w/ Cheese Toast or Crackers<br>Hot Ham & Cheese Sandwich<br>Corn on the Cob<br>Tossed Salad + Tomato                | 31<br><u>Breakfast</u><br>WG Honeybun<br>Chicken & Biscuit<br><u>Lunch</u><br>BBQ Chicken w/ Roll<br>Bologna & Cheese Sandwich<br>Green Beans<br>Mashed Potatoes             | 1   |

### News

Grab & Go Options will be offered weekly as follows and will include a fruit or vegetable, baked chips/goldfish & variety of milks:

**Monday-Turkey & Cheese Sub Sandwich**

**Tuesday- Ham & Cheese Wrap**

**Wednesday- PB & J Sandwich**

**Thursday- Bologna & Cheese Sandwich**

**Friday- Deli Sandwich**

\*\*Fruit Choices are offered daily at breakfast and lunch.

\*\*\*Milk Choices offered daily with breakfast and lunch include: Fat Free Strawberry, Fat Free Chocolate or 1% White Milk.

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