



SEPTEMBER | 2018

Crockett County Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL Labor Day Holiday	4 NO SCHOOL Professional Development	5 <u>Breakfast</u> Mini Chocolate Donuts <u>Lunch</u> Mini Corn Dogs Boneless Wings w/ Roll Romaine Salad + Tomato Green Beans	6 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Beef & Cheese Nachos Cheese Quesadilla Whole Kernel Corn Refried Beans Salsa	7 <u>Breakfast</u> Sausage Pancake on a Stick <u>Lunch</u> Calzone w/ Marinara Hamburger + Trimmings Carrots w/ Dip Tater Tots
10 <u>Breakfast</u> Mini Pancakes <u>Lunch</u> Popcorn Chicken Pizza Munchable Baked Potato Tossed Salad w/ Tomato WG Roll	11 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> BBQ Sandwich Cheeseburger + Trimmings Baked Beans Coleslaw	12 <u>Breakfast</u> Chocolate Muffin <u>Lunch</u> Spaghetti w/ Breadstick Grilled Chicken Sandwich Green Beans Glazed Carrots	13 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Sausage & Biscuit Chicken & Waffles Star Potatoes Veggie Cup	14 <u>Breakfast</u> Eggs & Biscuit <u>Lunch</u> Cheese Bosco Stick (2) w/ Marinara Corn dog Broccoli w/ Dip Waffle Fries
17 <u>Breakfast</u> Cinni Minis <u>Lunch</u> Boom Boom Chicken Sandwich Club Sandwich French Fries Veggie Cup	18 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Chicken Tacos Mexican Pizza Lettuce/Tomato/Salsa Pinto Beans	19 <u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Pollo Loco Chicken Burrito Whole Kernel Corn Romaine Salad Mexican Rice	20 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Sloppy Joe w/ Bun Hot Dog Green Beans Cheesy Potatoes	21 <u>Breakfast</u> Mini Powdered Donuts <u>Lunch</u> Buffalo Chicken Pizza Crispy Chicken Sandwich Carrots w/ Dip Tater Tots
24 <u>Breakfast</u> Muffin <u>Lunch</u> Chicken Tenders w/ WG Roll Turkey & Cheese Sub Sandwich Mashed Potatoes Glazed Carrots	25 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Pepperoni Bosco Stick (2) Buffalo Chicken Wrap Broccoli & Cheese Veggie Cup	26 <u>Breakfast</u> Mini Pancake Wraps <u>Lunch</u> Frito Chili Pie Mozzarella Cheesesticks w/ Marinara Green Beans Potato Wedges	27 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Cheeseburger + Trimmings Hot Dog French Fries Baked Beans	28 <u>Breakfast</u> Mini Waffles <u>Lunch</u> Pepperoni Pizza Ranch Chicken Wrap Tossed Salad w/ Tomato Corn on the Cob

News

PLEASE REMEMBER TO TURN
IN FREE & REDUCED MEAL
APPLICATIONS OR FILL OUT
ONLINE AT
WWW.SCHOOLCAFE.COM

**Breakfast is served at no charge to all Crockett County Middle School Students.

*Fresh Salads & Grab and Go options are available daily as an alternative lunch choice.

Lunch Prices:

Student Meal: \$2.85
Employees: \$3.75
Visitors: \$4.00

**Fruit Choices are offered daily at breakfast and lunch.

***Milk Choices offered daily with breakfast and lunch include: Fat Free Strawberry, Fat Free Chocolate or 1% White Milk.

For more information contact:
Whitney Thornton, RD
Director of School Nutrition
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Alamo, TN 38001
731-696-2116

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This institution is an equal opportunity provider.